

LUNCH MENU

Breads / Entree

TOASTED PITA BREAD WITH OLIVE OIL AND OREGANO	7.0
TOASTED SOURDOUGH WITH BUTTER AND GARLIC	7.0
'BREWSCHETTA', TOMATO, AVO, OLIVES, FETA ON SOURDOUGH	14.0
HALOUMI STACK WITH GRILLED TOMATOES, ASPARAGUS, SPINACH	15.5

Pasta & Risottos

CREAMY CHICKEN & MUSHROOM RISOTTO	19.0
PRAWN, OCTOPUS AND SQUID RISOTTO	22
SPANISH CHORIZO, HALOUMI, MUSHROOM RISOTTO	19.5
SALMON & AVOCADO WITH PENNE	20
CREAMY CHICKEN BOSCAIOLA WITH PENNE	19.5
SPINACH, MUSHROOMS, ROAST VEG RISOTTO (VEGETARIAN)	17.5

Mains

AMERICAN STYLE BACON CHEESEBURGER SERVED WITH CHIPS	15.0
AUSSIE STYLE BEEF BURGER (W/ THE LOT) SERVED WITH CHIPS	18
VEGGIE FRITTER BURGER SERVED WITH CHIPS	15
LEMON & HERB CHICKEN BURGER SERVED WITH CHIPS	16
STEAK SANDWICH SERVED WITH CHIPS	19.5
3 LAMB SOUVLAKI SERVED WITH PITA, CHIPS, SALAD	25
FISH OF THE DAY WITH SPINACH AND MUSHROOM RISOTTO	27
SIRLOIN STEAK SERVED WITH CHIPS, SALAD, PEPPER SAUCE	27
DEEP-FRIED CALAMARI SALAD	17.5
SALAD FROM THE CANTEEN	13.5
- ADD CHICKEN FOR \$5 / LAMB FILLET FOR \$8	

SANDWICHES

HOUSE MADE CHICKEN SCHNITZEL OR GRILLED CHICKEN - \$15
WITH AVOCADO, CHEDDAR CHEESE, SUNDRIED TOMATO, ROCKET & MAYO

ROAST BEEF SANDWICH - \$14.5
WITH HORSERADISH, MAYONNAISE, SPANISH ONION, BEETROOT & LETTUCE

DOUBLE SMOKED HAM - \$13
SWISS CHEESE, FRENCH MUSTARD, FRESH TOMATO, ROCKET LEAVES

B.L.T - \$14 / B.L.A.T (+AVO) \$16
GRILLED BACON, FRESH LETTUCE, SLICED TOMATOES, MAYONNAISE

TURKEY - \$14
OVEN ROASTED TURKEY, CRANBERRY SAUCE, BRIE, CUCUMBER & LETTUCE

CHICKEN A.B.C - \$15.5
GRILLED CHICKEN, AVOCADO, BACON, TASTY CHEESE, MAYONNAISE & ROCKET

THE PORTUGUESE - \$13
PORTUGUESE MARINATED CHICKEN, SWEET CHILLI, AVO, MAYO & LETTUCE

MISTER PASTRAMI - \$14
TRADITIONAL PASTRAMI, SWISS CHEESE, PICKLED CUCUMBERS & MAYO

THE SCANDINAVIAN - \$14
SMOKED SALMON, CREAM CHEESE, CAPERS, ROCKET & ONION

THE VEGGIE PATTIE SANDIE - \$12
HOUSEMADE VEGGIE PATTY WITH SWEET CHILLI, TABOULI & RICOTTA CHEESE

TUSCAN VEGETARIAN SANDWICH - \$14
GRILLED EGGPLANT, ZUCCHINI, SWEET POTATO WITH RICOTTA, PESTO & SPINACH

GREEK STYLE HALOUMI SANDWICH - \$14
GRILLED HALOUMI CHEESE, TOMATO CHUTNEY, ZUCCHINI, EGGPLANT & ROCKET

****ALL SANDWICHES ARE SERVED WITH A SIDE OF HOUSE SALAD**

****PLEASE SELECT YOUR CHOICE OF BREAD:**

WHITE / BROWN / MULTIGRAIN / RYE / SOURDOUGH

****GLUTEN FREE WRAPS +\$1 / WRAPS +\$1 / TURKISH +\$0.5 / ROLLS +\$0.5**